



# Get help with your aged care options

Whether you're looking for help at home or thinking about an aged care home, we can help.

Connect with us:

- Go to [myagedcare.gov.au](https://myagedcare.gov.au)
- Call My Aged Care on **1800 200 422\***
- Ask at your local Services Australia service centre.

Book an appointment with an Aged Care Specialist Officer:

- Call **1800 227 475\***
- Ask at your local Services Australia service centre.

\*1800 calls are free from land lines and most mobile phones.

